



ST MARY'S PRIMARY SCHOOL

OUR VISION: GOOD GROUND GROWS WELL

[Click here for upcoming dates or check your Class Dojo events](#)

NEWSLETTER

AUTUMN TERM
WEEK 3

UPDATE FROM MRS NETTLESHIP

This week we were delighted to welcome Leah Chowdhry, the first Asian woman to swim across the English Channel, to our school. Leah spoke to the children and staff about her incredible journey and the determination it took to achieve such a challenge. Her story was truly inspiring and encouraged us all to think about resilience, perseverance, and the importance of following our dreams. The children left her talk feeling motivated and excited about what they can achieve with hard work and self-belief.



The children were captivated by Leah's speech and asked many questions about swimming the channel!

God bless,
Mrs Nettleship



Beech Class tricky words



Elm Class science lesson-teeth modelling



Grey Willow Class jumping/landing

NOTICES

Learning Labs (<https://www.learninglabsuk.com/>) is currently running a School Partnership Discount for all St Mary's students looking to join for additional Maths and English support & 11+. This includes up to 50% off on all classes and tailored support in line with the school curriculum. Please register your interest with us using the link below:

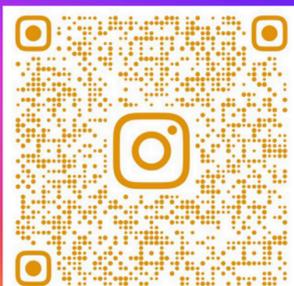
<https://forms.gle/ngAc2G4XjDVxbFZw8>

All parents will receive the following:

- FREE TRIAL
- FREE CONSULTATION
- FREE ASSESSMENT

Attendance Champions

	Field Maple 99.29%
	Damson 97.08%
	Beech 96.47%



Follow us on Instagram
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How we have grown this week!



Saplings

This week, Saplings explored Rosie's Zoo and enjoyed learning about animals. They loved sharing "Who I am in my family" and learning more about their friends and themselves.

Ash

In Ash Class this week, we began Level 2 Phonics. The children were proud to sound out and blend words. In Literacy, we explored Ruby's Worry and built confident sentences.

Beech

This week in Beech class, we used playdough to make sound buttons in phonics. We also decorated the classroom with 'tricky word' paper chains and prepared sails for windmills.

Chestnut

This week, Chestnut class identified plants and animals in four habitats in Science. In DT, we explored stable structures. In RE, we discussed Jesus' words about daily bread.

Damson

This week, we explored flexible partitioning in maths and wrote focused sentences in English. In RE, we studied the Bible's big story. In History and PE, we built key skills.

Elm Class

This week in Elm Class, we built teeth models with playdough and learned about dental hygiene. We enjoyed a joyful class worship with beautiful music and practised coding using Scratch.

Field Maple/Grey Willow

This week, we refined our jumping and landing techniques in PE. In English, we began crafting our own versions of The Journey. In RE, we explored the significance of baptism in a believer's life.

Thought for the week



"Ask the former generation and find out what their ancestors learned". - Job 8:8

This verse reminds us of the deep value in listening to the wisdom of those who have gone before us. In a world that is always looking for the next new thing, this verse calls us to pause and recognise the lessons passed down through generations. The experiences, struggles, and faith of those before us can guide us in making wise choices today. Learning from the past not only gives us perspective but also grounds us in a sense of belonging within God's larger story. Let us be people who value listening as much as speaking, and who honour the voices of those who have walked this journey of faith before us.

Something to pray

Heavenly Father,

We thank You for the wisdom of those who have gone before us—for parents, grandparents, teachers, and all who have guided us with love and care. Help us to listen well, to learn from their experiences, and to apply those lessons in our own lives. May we also be willing to share what we learn with future generations, so that Your truth and love continue to be known. Give us humble hearts, open ears, and a desire to walk faithfully in the footsteps of those who trusted You before us.

WORKSHOPS FOR PARENTS/CARERS

AUTUMN TERM 2025



Over the Autumn term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.



<https://forms.gle/498J1SG2WXZ4q71h9>



If you have any questions, please do email us on: Ealing.mhst@nhs.net

PRE AND POST-ATTENDANCE GUIDE

Step 1

Use our QR code to sign up for a workshop(s) of your choice

Step 2

You will be emailed a Microsoft Teams link several days before the workshop

Step 3

You'll receive another email reminder on the morning of the workshop

Step 4

All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

Step 5

To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session



After School Club



- Tech Club – Monday
(Photography
Kahoot)
- Pizza Party - Tuesday
- Cooking Club - Wednesday
- Team Sports - Thursday
- Movie Night - Friday
3:10 – 5:00 = £8.00
3:10 – 6:00 = £12.00

Homework and Reading everyday

All bookings to be made on school money



Cadenza



- @WeAreEMS
- @EalingMusic
- @EalingMusicService
- @EalingMusicService



Cadenza has continued to grow and provide even more opportunities for our young musicians. Now with 19 ensembles and classes catering to over 200 pupils from Ealing and beyond, and with manageable monthly rehearsals, Cadenza is the chosen music centre for many young musicians in West London.

Our ensembles rehearse monthly on a Saturday at Grange Primary School, Ealing. The centre opens at 8:30am and our ensembles and classes run from 9:00am throughout the day until our last rehearsal finishes at 5:30pm.

Cadenza prides itself on being a friendly, supportive and relaxed setting where young people come to learn and make high quality music with professional teachers and conductors. We are proud to provide a wide variety of excellent ensembles and look forward to welcoming you for the year 2025/26.

For more information or to apply visit: ealingmusicservice.com/cadenza



Experts from Stanford University School of Medicine find...



"People who start learning an instrument at a young age have 'super connected' brains compared to people who aren't musicians"



Enrol Now For
Small Group &
1 to 1 Music
Tuition

See which instruments are available in your school



visit: www.singeducation.co.uk/signup