



ST MARY'S PRIMARY SCHOOL

OUR VISION: GOOD GROUND GROWS WELL

[Click here for upcoming dates or check your Class Dojo events](#)

NEWSLETTER

SUMMER TERM
WEEK 3

UPDATE FROM MRS NETTLESHIP

This week, Year 2 treated us to a wonderful class assembly all about kindness. The children shared their learning beautifully and reminded us all of the importance of being thoughtful and caring towards one another.

We would also like to gently remind families about Ms Malik's memorial service, which will take place on Friday May 8th at 2:00pm. All are warmly welcome to join us as we come together to remember her.

Finally, a polite reminder that if you are handing out birthday invitations at the end of the school day, please be mindful of children who are not included. It can be upsetting for those who do not receive an invitation. We kindly ask that invitations are shared discreetly or outside of the school setting where possible. We hope you all enjoy the Bank Holiday weekend and look forward to seeing everyone back in school on Tuesday.

Have a lovely weekend,
Mrs Nettleship



Parking

We have again been contacted by local residents regarding parking over driveways and on double yellow lines.

Please be considerate of our neighbours. Where possible, especially during the summer months, we kindly ask that you park a little further away and walk to school.

Pencil cases

Please check your child's pencil case and ensure it is fully stocked for learning. We would be grateful if you could replenish items where needed, including pencils, glue sticks, purple pens, standard pens, and rubbers.

Attendance Champions



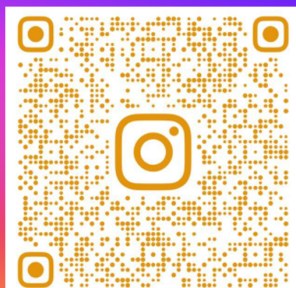
Field Maple 100%



Damson 95.1%



Beech 94.8%



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amazon
wishlist

How we have grown this week!

Blossom

Blossom Class have explored fruit tastes and textures in food technology, including fizzy experiments. In PE the children have focused on developing and strengthening their core muscles and overall stability.

Sapling

This week in Sapling Class, the children explored "Shopping Centre". In RE, we discussed why outside spaces are special. In maths, we began completing shape-matching puzzles.

Ash

This week Ash Class explored 3D shapes and patterns in maths, developing spatial awareness and reasoning. In geography, the children identified local features and compared them with contrasting places.

Beech

In Beech Class, the children began learning about fractions by dividing shapes and fruit into halves and quarters. In DT, they tasted different fruits to decide which ones they would like to use for smoothies.

Chestnut

Chestnut Class studied the Jurassic Coast's physical features in geography. In RE, they learnt about charity in Islam. The children also performed a class assembly about kindness on Tuesday.

Damson

In Damson Class, we enjoyed reading The Firework Maker's Daughter. Pupils wrote postcards as researchers in Antarctica, describing what they saw and how cold the weather was.

Elm Class

This week in Elm Class, pupils learned about samsara, nirvana and karma in RE. In English, we continued exploring our newspaper report. In history, the children learnt about Anglo-Saxon artefacts.

Field Maple/Grey Willow

This week we built steady hand games using electrical components and explored why people are chosen for £10 and £20 notes. In RE, we focused on why translating the Bible is important for preserving and sharing the Christian message.



Thought for the week



"The Lord is my shepherd; I shall not want." – Psalm 23:1

We all need guidance and care as we go through each day. Sometimes we feel unsure, face challenges, or need help making the right choices. The Bible reminds us in Psalm 23:1, "The Lord is my shepherd; I shall not want."

This verse shows us that God cares for us like a shepherd cares for sheep. He leads us, protects us, and provides what we need. Even when the path feels uncertain or difficult, we can trust that He is guiding us in the right direction and watching over us with love. This week, when you feel unsure or need reassurance, remember these words. Take a quiet moment to pause and reflect, knowing that you are never alone and that God is always with you, guiding your steps.

Something to pray

Dear God,

Thank you for being our shepherd, guiding us and caring for us each day. When we feel unsure or worried, help us to trust in your plan and follow your path. Remind us that we are never alone, and that you are always watching over us with love. Give us courage to keep going, kindness to support others, and peace in our hearts.

Amen.



In Loving Memory of
Hina Malik

A School Service at St. Mary's

8th May 2026 | 2pm

In the School Garden

To Unveil a New Buddy Bench in Ms Malik's Memory



All are welcome to join us to remember and celebrate Ms Malik's remarkable life.



Ealing Mental Health Support Team

April
2026

Your Termly Newsletter

Is your child feeling....

Demotivated? Anxious? Stressed?
Worried? Sad? Irritable? Low?
Panic? Tired or lacking energy?



We can help you and your child

Ealing Mental Health Support Team (MHST)
supports the wellbeing of children and young.

**In Primary schools, we offer 1:1
support to parent's whose children
feel:**

- Worried and present with behaviours that challenge



You said, we did!

You said you enjoyed our challenging behaviour workshops so we are running another one this term!

You said that parents wanted managing use of technology, so we added a workshop based on this topic.

You said you wanted more practical skills and examples and less wordy presentations, so we have factored that into our presentation this term.



**In Secondary Schools, we offer 1:1
support to young people who
sometimes feel:**

- Anxious or low in mood

If you have any questions about the above, please speak with your schools Mental Health Link Worker.

Dates to remember:

Mental Health Awareness Week 11-17th May 2026

SPACE PROGRAM

(Supportive Parenting for Anxious Childhood Emotions)

What is SPACE?

Space is a parent-focused program developed at Yale University Child Study Center and Tel Aviv University. Using strategies based on Cognitive Behavioral Therapy (CBT), SPACE empowers parents to support children with anxiety. Research shows parents reported significantly less anxiety symptoms in their children after participation in the SPACE program.

Who is the SPACE program for?

Parents of children experiencing anxiety. SPACE helps you:

- Support your child in managing worry and fear
- Prepare your child to handle future stressors
- Gain confidence in your parenting skills
- Reduce the need to accommodate your child's anxiety

Key Principles

- Recognize and validate worries in both child and parent
- Believe that anxiety can be overcome
- Help your child build independence and coping skills

Program details

- **Where:** Online via Microsoft Teams
- **Duration:** 8 weekly sessions
- **Dates:** 6th May 2026 to 1st July 2026
- **Time:** 10 am to 12 pm

If you have questions or want to be referred to the program, speak with your Mental Health Support Team (MHST) worker.

SUMMER TERM 2026 FOOTBALL CLUB



@ ST MARY'S C OF E PRIMARY SCHOOL



YEARS 3 - 6

FRIDAY

3.15PM - 4.15PM

17TH APRIL - 17TH JULY

£11.50 (13 SESSIONS)

SCAN ME!



THERE WILL BE NO SESSION ON THE 29TH MAY (HALF TERM)

BOOK ONLINE

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SFA SUMMER 10 WEEK DEVELOPMENT PROGRAM

TUESDAY & FRIDAYS 17:30-19:00

FEATHERSTONE SPORTS CENTRE, SOUTHALL.

AGES U6-U16

BOOK NOW

WWW.ENGSPORTSACADEMY.COM

Have You Booked Your School Meals ?

We are delighted to be serving school meals at St Mary's Church of England Primary School.

We believe that a school dinner is not just an essential part of a child's development but also a vital part of their wider schooling experience.

All school meals must be pre-booked using our online meal ordering portal.

1

Check your emails for a welcome email containing your login details.

2

To order, simply visit our website
www.theorchardcontractcatering.co.uk
Please visit the "Meal Ordering Portal" tab

3

Log in to your account using the login details provided via email.

4

Begin placing your orders!
Please ensure meals are booked by 9:00am on the day the meal is being served.

If you are experiencing any issues with your account,
Please contact us using the contact details.



PHONE

01895 917 777



WEBSITE

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DID YOU KNOW?

At Present, all children from Reception - Year 6 receive a free school meal every lunch time!