



# ST MARY'S PRIMARY SCHOOL

OUR VISION: GOOD GROUND GROWS WELL

[Click here for upcoming dates or check your Class Dojo events](#)

# NEWSLETTER

SPRING TERM  
WEEK 3

## UPDATE FROM MRS NETTLESHIP

This week, we were delighted to take part in two enriching visits.

Year 4 visited the Hindu Vishwa Mandir in Southall as part of their RE curriculum, where pupils deepened their understanding of Hindu beliefs, practices and places of worship. The children were respectful, curious and asked thoughtful questions throughout the visit.



Elm Class at Vishwa Mandir

Years 5 and 6 were kindly invited to Khalsa Primary School to take part in Gurburab celebrations marking the birthday of Guru Gobind Singh Ji, the tenth Sikh Guru. It was a wonderful opportunity for our schools to connect, share in the spirit of community, and learn about each other's traditions. Pupils experienced Sikh culture and values first-hand and thoroughly enjoyed being part of such a welcoming and meaningful celebration.



Year 5/6 visit to Khalsa Primary School

We are proud of how our pupils represented the school on both visits and grateful to both settings for their warm hospitality.

God bless,  
Mrs Nettleship

Learning Labs Tuition are partnered with St Marys to provide additional support in Maths & English to our students. This will include Maths and English support, 11+ Grammar School preparation, SATs preparation, and help with school homework!

We have arranged subsidies and discounts of up to 50% discounts for our families. There are limited spaces available. All \*new joining\* families will receive a £25 off voucher.

Please get in touch at the number below to book a free consultation and trial, or fill in the online form below to register your interest.

Link to register your interest:  
<https://forms.gle/7aYYqkz7DYtuPhSi6>

Attendance Champions	
	Beech 98.75%
	Field Maple 98.57%
	Sapling 96 %

Follow us on Instagram  
@stmarys\_primaryschool



# How we have grown this week!



## Saplings

This week, Saplings explored being doctors, enjoying imaginative play and learning about different surgeries. In RE, they reflected on the Lost Sheep parable, and in maths, they practised positions and routes.

## Ash

This week, Ash Class explored mass and balance in maths, using scales to find heavier and lighter objects. In science, they predicted, tested, and recorded whether things would float or sink.

## Beech

Beech Class have been focusing on sentence structure this week, writing sentences in teams to describe toys in English. In RE we learnt about the Torah and we have made our own scrolls that contain rules for our lives.

## Chestnut

Chestnut Class discovered Yom Kippur, Judaism's holiest Day of Atonement. The children also mapped five oceans in geography, and strengthened maths by doubling and halving confidently.

## Damson

Year 3 explored how fossils are formed, working in groups to create videos explaining the process. In art, they produced fantastic observational drawings of fruits and vegetables.

## Elm Class

Year 4 enjoyed a visit to the Vishwa Hindu Temple this week. We also began learning new strategies to divide in maths. In PE, we danced with energy and creativity, showing great teamwork and enthusiasm.

## Field Maple/Grey Willow

This week, we explored energy-saving ideas and designed an eco-friendly mode of transport. In RE, we studied the 8th Sikh Guru and celebrated the 10th Guru locally at a primary school.

## Thought for the week



**"Give thanks in all circumstances; for this is God's will for you in Christ Jesus."  
1 Thessalonians 5:18**

This week we have been thinking about thankfulness and how prayer can help us notice the blessings around us. It's easy to focus on what we don't have or haven't achieved, but when we pause and pray, we are reminded that even the smallest moments, like kindness from a friend, a sunny morning, a smile, or a shared laugh, are gifts. God calls us to be grateful not only for the big blessings, but for every moment, every day, and in every experience. Taking time to give thanks in prayer helps us slow down, feel connected, and remember that we are loved and cared for. It also opens our eyes to the goodness in the world, encourages us to notice the beauty around us, and inspires us to share our gratitude with others. Being thankful is not just a feeling, it is a way of seeing life, appreciating each day, and living with a heart full of kindness.

### Something to pray

Dear God,

Thank you for the many blessings in our lives. Help us to notice and be grateful for both big and small gifts each day. As we work, play and learn this week, may we show our thanks by being kind, sharing with others, and appreciating all that we have. Amen



# Coffee Morning for parents of St Mary's CofE Primary



## Grab a hot drink and join us!

The Ealing Mental Health Support Team are providing a **parent coffee morning** for parents to get to know more about how we support children experiencing **low levels of challenging behaviour or anxiety**.

Does your child worry a lot or become easily upset?  
Would you like to understand more about how we can help?



### Who?

**Catherine and Renata** will be speaking about the Ealing MHST which is a service designed to **support the wellbeing of children and young people in education settings**, aiming to provide evidence-based support at the earliest signs of difficulties and promote life-long positive emotional wellbeing.



### What?

We are offering a **coffee morning** to introduce the MHST and to discuss how to support your child to manage their worries or behaviours that are challenging.

### How?

Please email [office@stmarysschool.ng.org](mailto:office@stmarysschool.ng.org) to indicate interest so that we get an idea of numbers.

### When and where?

The coffee morning will take place on **Friday 30th of January 9am at St Mary's**.

You will be given the opportunity to ask questions about the support on offer.



# Spring Term 2026 Football Club



@StMary'sCofE  
Primary School

Years 3 - 6 Fridays

3.15pm - 4.15pm

9th January - 20<sup>th</sup> March  
£55.50 (10 Sessions)

SCAN  
ME



No session on 20th February (half term)

## BOOK ONLINE

[www.thepsdgroup.org.uk/psd-clubs](http://www.thepsdgroup.org.uk/psd-clubs)



RAISING THE STANDARDS IN  
PHYSICAL EDUCATION AND SPORT



info@thepsdgroup.org.uk

0203 397 7409

# After School Club



- Tech Club – Monday  
(Photography  
Kahoot)

- Pizza Party - Tuesday

- Cooking Club - Wednesday

- Team Sports - Thursday

- Movie Night - Friday

3:10 – 5:00 = £8.00

3:10 – 6:00 = £12.00

Homework and Reading everyday

All bookings to be made on school money

# COMMUNITY BREAKFAST



**SATURDAY 24<sup>TH</sup> JANUARY, 9:30-11:00AM**

**ST LEONARD'S CHURCH HALL, HESTON ROAD, TW5 0RD**

# Have You Booked Your School Meals ?

We are delighted to be serving school meals at St Mary's Church of England Primary School.

We believe that a school dinner is not just an essential part of a child's development but also a vital part of their wider schooling experience.

All school meals must be pre-booked using our online meal ordering portal.

**1**

Check your emails for a welcome email containing your login details.

**2**

To order, simply visit our website  
[www.theorchardcontractcatering.co.uk](http://www.theorchardcontractcatering.co.uk)  
Please visit the "Meal Ordering Portal" tab

**3**

Log in to your account using the login details provided via email.

**4**

Begin placing your orders!  
Please ensure meals are booked by 9:00am on the day the meal is being served.



If you are experiencing any issues with your account, Please contact us using the contact details.



PHONE

01895 917 777



WEBSITE

[www.theorchardcontractcatering.co.uk](http://www.theorchardcontractcatering.co.uk)



EMAIL

[Office@theorchardcontractcatering.co.uk](mailto:Office@theorchardcontractcatering.co.uk)

***DID YOU KNOW?***

At Present, all children from Reception - Year 6 receive a free school meal every lunch time!