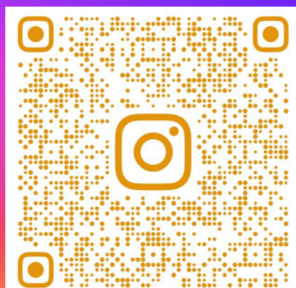




NEWSLETTER

SUMMER TERM
WEEK 5



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ST MARY'S PRIMARY SCHOOL

OUR VISION: GOOD GROUND GROWS WELL

[Click here for upcoming dates or check your Class Dojo events](#)

UPDATE FROM MRS NETTLESHIP

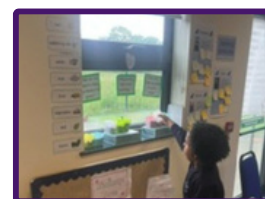
This week, our Year 6 pupils completed their SATs tests. Throughout the week, the children approached each test with maturity and resilience, trying their very best and making themselves, their families and the school incredibly proud.

We would like to thank parents and carers for the support and encouragement they have given throughout the year, as well as the staff for all of their hard work and preparation. In particular, we recognise not only the dedication of the Year 6 team, but also all of the teachers and staff who have supported the children throughout their time at primary school and helped them reach this important milestone.

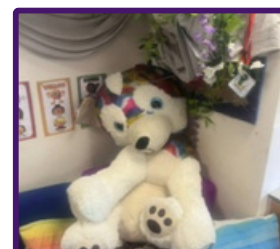
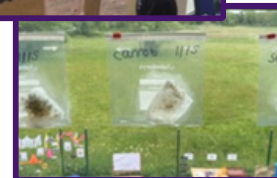
Looking ahead to next week, pupils in Years 5 and 6 will be heading off on their residential trip to Wales. We wish them a safe journey and hope they have a fantastic week full of fun, adventure and new experiences.

Next week, we are also looking forward to our annual Teddy Bears' Picnic. This special event is for the children who will be starting Reception in September. The new children joining our school will spend the morning with us, meeting the Nursery children who will also be moving into Reception in September. Nursery parents are warmly invited to join us for the morning and spend some time in the Reception Class as part of this transition experience.

God bless,
Mrs Nettleship



Year 1 and Year 3 Science



The Attendance Teddy has found a home in Beech Class!



Notices

Pencil cases

Please check your child's pencil case and ensure it is fully stocked for learning. We would be grateful if you could replenish items where needed, including pencils, glue sticks, purple pens, standard pens, and rubbers.

Snacks

A gentle reminder that children may bring a healthy sweet or savoury snack for break time. Please avoid chocolate and sweets.

Attendance Champions



Grey Willow 100%



Field Maple 97.3%



Damson 92.8%

amazon
wishlist

How we have grown this week!

Blossom

This week, the children used exciting adjectives in English to describe different types of weather. In maths, they explored positional language, learning to describe directions such as left and right through practical activities and games.

Sapling

This week in Saplings, the children explored the theme of "Café." In RE, we discussed how a vicar helps people in the community. In maths, the children practised copying and continuing AB patterns using different objects with adult support.

Ash

This week, Ash Class began exploring 'The Proudest Blue' in literacy, sparking thoughtful discussions about kindness, respect, and choosing words carefully, linked to our school values. In geography, the children created maps to identify features in their local community and surroundings.

Beech

This week, Beech Class proudly won the "Attendance Dog," who has settled happily in our reading corner. The children have also been excited as their bean plants begin to sprout and grow, investigating whether they thrive better in CD cases or flower pots.

Chestnut

This week in science, we role-played how plants in sunlight stay healthy, while those without light lose energy and wilt. In maths, we began telling the time using o'clock, half past, quarter past and quarter to. In Phonics, we explored the prefix dis- added to root words.

Damson

This week, Damson Class investigated seed germination in science, observing and recording how different seeds grow over time. In RE, the children explored the Buddha's teachings and discussed how kindness and mindfulness can guide their everyday choices.

Elm Class

This week, the children wrote their own creative newspaper reports and began a new poetry unit in English, annotating poems and creating artwork. In computing, we studied algorithms, and in maths the pupils completed their work on decimals.

Field Maple/Grey Willow

This week, Field Maple Class began writing biographies about an Egyptian pharaoh and developed their athletic skills. Grey Willow Class showed great confidence and resilience while completing their SATs, demonstrating focus, determination, and pride in their learning.



Thought for the week

“While Paul was waiting for them in Athens, he was greatly distressed to see that the city was full of idols. Acts 17:16

This week's Bible verse reminds us that when Paul visited Athens, he noticed that many people were focusing their attention on idols instead of on God. Today, we may not have statues or temples in the same way, but there are still things that can sometimes take up too much of our attention — such as always wanting more possessions, spending too much time worrying about what others think, or focusing only on ourselves.

Paul's reaction teaches us the importance of keeping our hearts and minds centred on what truly matters: kindness, love, truth and our relationship with God.

At school, this can encourage us to think carefully about the choices we make each day. Are we making time to care for others? Are we being thankful for what we already have? Are we showing our school values in the way we speak and act? When we focus on the right things, we grow into people who help others flourish and make our community a happier and more caring place to be.

Something to pray

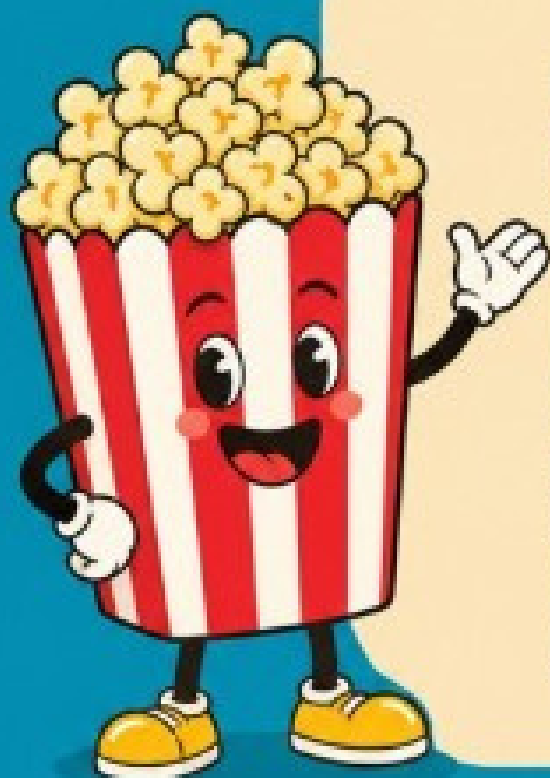
Dear God,

Thank you for reminding us to focus on what is truly important in life. Help us not to be distracted by things that pull us away from kindness, love and honesty. Guide us to make good choices, care for those around us and keep our hearts centred on you. Help us to be thankful for all we have and to use our gifts to make a positive difference in the world.

Amen.

FAMILY FILM AFTERNOON

FREE!



Paddington in Peru

Thursday 28th May

5:00pm

St Leonard's Church, Heston Road, TW5 ORD 020 8570 2288

You're Invited!

PARENTS

ENGAGEMENT



18TH JUNE



2:00 PM – 3:10 PM



SCHOOL HALL



This is an opportunity to
meet other parents
and also speak to the
SENIOR LEADERSHIP TEAM.



We look forward to seeing you there!



Ealing Mental Health Support Team

April
2026

Your Termly Newsletter

Is your child feeling....

Demotivated? Anxious? Stressed?
Worried? Sad? Irritable? Low?
Panic? Tired or lacking energy?



We can help you and your child

Ealing Mental Health Support Team (MHST)
supports the wellbeing of children and young.

**In Primary schools, we offer 1:1
support to parent's whose children
feel:**

- Worried and present with behaviours that challenge



You said, we did!

You said you enjoyed our challenging behaviour workshops so we are running another one this term!

You said that parents wanted managing use of technology, so we added a workshop based on this topic.

You said you wanted more practical skills and examples and less wordy presentations, so we have factored that into our presentation this term.



**In Secondary Schools, we offer 1:1
support to young people who
sometimes feel:**

- Anxious or low in mood

If you have any questions about the above, please speak with your schools Mental Health Link Worker.

Dates to remember:

Mental Health Awareness Week 11-17th May 2026

SPACE PROGRAM

(Supportive Parenting for Anxious Childhood Emotions)

What is SPACE?

Space is a parent-focused program developed at Yale University Child Study Center and Tel Aviv University. Using strategies based on Cognitive Behavioral Therapy (CBT), SPACE empowers parents to support children with anxiety. Research shows parents reported significantly less anxiety symptoms in their children after participation in the SPACE program.

Who is the SPACE program for?

Parents of children experiencing anxiety. SPACE helps you:

- Support your child in managing worry and fear
- Prepare your child to handle future stressors
- Gain confidence in your parenting skills
- Reduce the need to accommodate your child's anxiety

Key Principles

- Recognize and validate worries in both child and parent
- Believe that anxiety can be overcome
- Help your child build independence and coping skills

Program details

- **Where:** Online via Microsoft Teams
- **Duration:** 8 weekly sessions
- **Dates:** 6th May 2026 to 1st July 2026
- **Time:** 10 am to 12 pm

If you have questions or want to be referred to the program, speak with your Mental Health Support Team (MHST) worker.

SUMMER TERM 2026 FOOTBALL CLUB



@ ST MARY'S C OF E PRIMARY SCHOOL



YEARS 3 - 6

FRIDAY

3.15PM - 4.15PM

17TH APRIL - 17TH JULY

£11.50 (13 SESSIONS)

SCAN ME!



THERE WILL BE NO SESSION ON THE 29TH MAY (HALF TERM)

BOOK ONLINE

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- Fitness
- Respect

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UNIFORM



SFA SUMMER 10 WEEK DEVELOPMENT PROGRAM

TUESDAY & FRIDAYS 17:30-19:00

FEATHERSTONE SPORTS CENTRE, SOUTHALL.

AGES U6-U16

BOOK NOW

WWW.ENGSPORTSACADEMY.COM

Have You Booked Your School Meals ?

We are delighted to be serving school meals at St Mary's Church of England Primary School.

We believe that a school dinner is not just an essential part of a child's development but also a vital part of their wider schooling experience.

All school meals must be pre-booked using our online meal ordering portal.

1

Check your emails for a welcome email containing your login details.

2

To order, simply visit our website
www.theorchardcontractcatering.co.uk
Please visit the "Meal Ordering Portal" tab

3

Log in to your account using the login details provided via email.

4

Begin placing your orders!
Please ensure meals are booked by 9:00am on the day the meal is being served.

If you are experiencing any issues with your account, Please contact us using the contact details.



PHONE

01895 917 777



WEBSITE

www.theorchardcontractcatering.co.uk



EMAIL

Office@theorchardcontractcatering.co.uk

DID YOU KNOW?

At Present, all children from Reception - Year 6 receive a free school meal every lunch time!