



ST MARY'S PRIMARY SCHOOL

OUR VISION: GOOD GROUND GROWS WELL

[Click here for upcoming dates or check your Class Dojo events](#)

NEWSLETTER

SUMMER TERM
WEEK 4

UPDATE FROM MRS NETTLESHIP

Today, we held Ms Malik's memorial service in the school garden. The children were a credit to the school throughout, showing great respect, kindness and compassion. It was lovely to welcome members of Ms Malik's family, who were also warmly supported by many parents from our school community.

Mrs Blake gave a heartfelt tribute which beautifully reflected how much Ms Malik meant to us all, and we are very grateful to Rev Dave for leading the service and sharing such thoughtful and comforting prayers.

As the sun came out during Mrs Blake's talk, it felt like a very special moment, and one that many of us will remember as we continue to hold Ms Malik in our thoughts and prayers.

Have a lovely weekend,
Mrs Nettleship



Ms Hina Malik's Memorial



Parking

We have again been contacted by local residents regarding parking over driveways and on double yellow lines.

Please be considerate of our neighbours. Where possible, especially during the summer months, we kindly ask that you park a little further away and walk to school.

Pencil cases

Please check your child's pencil case and ensure it is fully stocked for learning. We would be grateful if you could replenish items where needed, including pencils, glue sticks, purple pens, standard pens, and rubbers.

Attendance Champions



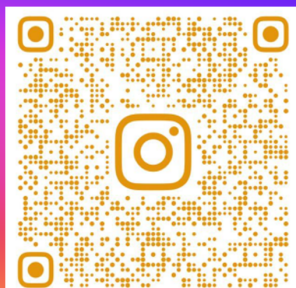
Field Maple 98.3%



Sapling 97.25%



Elm 94%



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amazon
wishlist

How we have grown this week!

Blossom

This week in Blossom Room, we explored Islam and the process of Wudu before prayer. We also practised performance skills and turn-taking in music. In maths, we continued learning about halves and whole fractions.

Sapling

In Sapling Class the children explored the woods and enjoyed outdoor learning. In RE, we discussed how police officers, firefighters, doctors, and nurses help us. In maths we learned about patterns, arrangements, and created movement patterns together.

Ash

This week in phonics, Ash Class explored polysyllabic words with adjacent consonants to develop early reading skills. In RE, we discussed what makes a place special, shared our ideas thoughtfully, and made bracelets for each other to celebrate kindness and community.

Beech

In Beech Class, we continued learning about Islam and the importance of welcoming a new baby into the family. The children also enjoyed welcoming grandparents to the Coffee Morning, where they sang songs and played board games together.

Chestnut

Chestnut Class learnt about the coastal town of Weymouth, describing its human features. In Science, we explored germination and learnt that seeds do not need light to grow. In Maths, we compared volume and capacity, while in phonics we studied homophones and near homophones.

Damson

In Damson Class the children enjoyed making papyrus paper in preparation for creating Egyptian scrolls. In maths, we have been learning about money, including recognising coins and notes, counting amounts carefully, and solving simple addition and subtraction money problems together.

Elm Class

This Elm class finished studying newspaper reports and will start planning their independent writing. In science, we started a new unit on vertebrates and invertebrates, and the children also got creative by learning and performing dances for Ms Malik's memorial.

Field Maple/Grey Willow

This week, Year 6 finished writing their story from another character's point of view. Year 5 researched facts about an Egyptian Pharaoh for their biography. In PE, children developed skills in hockey and athletics lessons this term in school.



Thought for the week



Do not let your hearts be troubled. You believe in God; believe also in me. John 14:1

Sometimes life can feel worrying or uncertain. We might feel nervous about friendships, tests, changes, or things happening around us. In this verse, Jesus reminds us that we do not have to carry those worries alone. He encourages us to trust in Him, even when things feel difficult or unclear.

Trust does not mean we will never feel worried, but it means remembering that God is always with us, guiding us and caring for us. When we take a moment to pray, talk to someone we trust, or show kindness to others, we can help bring peace and comfort to ourselves and those around us.

Jesus' words also remind us that it is okay to ask for help when we need it. We are all part of a community that cares for one another. Whether it is a friend, a teacher, a family member or someone at church, God often works through the people around us to bring comfort and support. By listening, encouraging and showing compassion, we can help others feel safe, valued and loved.

This week, let us try to be people who bring calm instead of worry, encouragement instead of fear, and hope instead of doubt. A kind word, a helping hand, or a smile can make a big difference to someone who may be feeling troubled.

Something to pray

Dear God,

Thank You for always being with us, especially when we feel worried or unsure. Help us to trust in You and remember that we are never alone. Give us peaceful hearts, courage to face challenges, and kindness to support those around us. Help us to spread hope, joy and comfort wherever we go this week.

Amen.

You're Invited!

PARENTS

ENGAGEMENT



18TH JUNE



2:00 PM – 3:10 PM



SCHOOL HALL



This is an opportunity to
meet other parents
and also speak to the
SENIOR LEADERSHIP TEAM.



We look forward to seeing you there!



Ealing Mental Health Support Team

April
2026

Your Termly Newsletter

Is your child feeling....

Demotivated? Anxious? Stressed?
Worried? Sad? Irritable? Low?
Panic? Tired or lacking energy?



We can help you and your child

Ealing Mental Health Support Team (MHST)
supports the wellbeing of children and young.

**In Primary schools, we offer 1:1
support to parent's whose children
feel:**

- Worried and present with behaviours that challenge



You said, we did!

You said you enjoyed our challenging behaviour workshops so we are running another one this term!

You said that parents wanted managing use of technology, so we added a workshop based on this topic.

You said you wanted more practical skills and examples and less wordy presentations, so we have factored that into our presentation this term.



**In Secondary Schools, we offer 1:1
support to young people who
sometimes feel:**

- Anxious or low in mood

If you have any questions about the above, please speak with your schools Mental Health Link Worker.

Dates to remember:

Mental Health Awareness Week 11-17th May 2026

SPACE PROGRAM

(Supportive Parenting for Anxious Childhood Emotions)

What is SPACE?

Space is a parent-focused program developed at Yale University Child Study Center and Tel Aviv University. Using strategies based on Cognitive Behavioral Therapy (CBT), SPACE empowers parents to support children with anxiety. Research shows parents reported significantly less anxiety symptoms in their children after participation in the SPACE program.

Who is the SPACE program for?

Parents of children experiencing anxiety. SPACE helps you:

- Support your child in managing worry and fear
- Prepare your child to handle future stressors
- Gain confidence in your parenting skills
- Reduce the need to accommodate your child's anxiety

Key Principles

- Recognize and validate worries in both child and parent
- Believe that anxiety can be overcome
- Help your child build independence and coping skills

Program details

- **Where:** Online via Microsoft Teams
- **Duration:** 8 weekly sessions
- **Dates:** 6th May 2026 to 1st July 2026
- **Time:** 10 am to 12 pm

If you have questions or want to be referred to the program, speak with your Mental Health Support Team (MHST) worker.

SUMMER TERM 2026 FOOTBALL CLUB



@ ST MARY'S C OF E PRIMARY SCHOOL



YEARS 3 - 6

FRIDAY

3.15PM - 4.15PM

17TH APRIL - 17TH JULY

£11.50 (13 SESSIONS)

SCAN ME!



THERE WILL BE NO SESSION ON THE 29TH MAY (HALF TERM)

BOOK ONLINE

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SFA SUMMER 10 WEEK DEVELOPMENT PROGRAM

TUESDAY & FRIDAYS 17:30-19:00

FEATHERSTONE SPORTS CENTRE, SOUTHALL.

AGES U6-U16

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Have You Booked Your School Meals ?

We are delighted to be serving school meals at St Mary's Church of England Primary School.

We believe that a school dinner is not just an essential part of a child's development but also a vital part of their wider schooling experience.

All school meals must be pre-booked using our online meal ordering portal.

1

Check your emails for a welcome email containing your login details.

2

To order, simply visit our website
www.theorchardcontractcatering.co.uk
Please visit the "Meal Ordering Portal" tab

3

Log in to your account using the login details provided via email.

4

Begin placing your orders!
Please ensure meals are booked by 9:00am on the day the meal is being served.

If you are experiencing any issues with your account,
Please contact us using the contact details.



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DID YOU KNOW?

At Present, all children
from Reception - Year 6
receive a free school
meal every lunch time!